



MAX *Relax*

RELAXING MASSAGE

A massage throughout the body that releases tension in the muscles and mental stress. Very relaxing!



THERAPEUTIC MASSAGE

Works the circuits of the energy in the body, unlocking the energy channels and voltages. Very liberating and consequently calms the mind.



REFLEXOTHERAPY

Treatment in all points of the feet and hands that are reflected in organs and in the physical body. It releases pain, as well as a pleasant feeling of lighness of tiredness.



CHILDREN (UNTIL 12 YEARS) - 25€ 30 MIN - 45€ 60 MIN - 80€



CRANIAL MASSAGE

A massage at all points of the cranial circuit. It releases all tension and mental stress, making it in the present moment of your being. Very nice and relaxing.

DECONTRACTURE

Massage with pressure on the back, working with points to release them from local contractures.



LEG MASSAGE

Relaxing and releasing to eliminate fatigue of the hips and to improve circulation of the blood. Very relaxing!

THAI MASSAGE

A traditional healing massage working with muscles and tendons with stretching and pressure, where all localized tension is released. It improves circulation, tendons, ligaments and mobility.





MAX

BEACH
